




# SISTERS ACADEMY OF NEW JERSEY

1416 Springwood Avenue Asbury Park, NJ 07712 Telephone 732-774-9056 ~ Fax 732-774-5552

## MARCH 2019 LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>4 BEEF CHILI W/BLACK AND RED BEANS SHREDDED CHEESE, SALSA CORN PEAR HALVES MILK</p>	<p>5 HOMEMADE CHICKEN A LA KING OVER NOODLES CLEERY &amp; CARROTS STICKS CHOCOLATE PUDDING MILK</p>	<p>6 MACARONI AND CHEESE BROCCOLI CORN BREAD JELLO W/FRUIT MILK</p> 	<p>7 BAKED CHICKEN PIECES MASHED POTATOES STUFFING GREEN BEANS BROWNIES MILK (SOM)</p>
<p>11 BEEF TACOS LETTUCE, CHEESE, SOUR CREAM, SALSA SAUCE, CORN, CHOCOLATE PUDDING MILK</p>	<p>12 WING DINGS RICE MIXED VEGETABLES FRUIT COCKTAIL MILK</p>	<p>13 SHREDDED CHICKEN WRAP SALSA SAUCE, SOUR CREAM, LETTUCE, CHEESE CLEERY &amp; CARROT STICKS VANILLA CAKE/CHOC. ICING MILK</p>	<p>14 FETTUCINE WITH MEAT BALLS MIXED GARDEN SALAD SALAD DRESSING PINEAPPLE BITS MILK</p>
<p>18 BAKED ZITI CORN GARLIC BREAD VANILLA PUDDING MILK</p>	<p>19 TURKEY MASHED POTATOES STUFFING, GRAVY GREEN BEANS PEACHES MILK</p>	<p>20 BACON, LETTUCE &amp; TOMATO ON WHOLE WHEAT ROLL, CELERY &amp; CARROT STICKS APPLE DUMP CAKE MILK</p>	<p>21 HAMBURGER ON A WHOLE WHEAT ROLL LETTUCE, TOMATOES FRENCH FRIES BREAD PUDDING MILK</p>
<p>25 MEATBALL SUB ON WHOLE WHEAT ROLL FRENCH FRIES CORN JELLO MILK</p>	<p>26 SALSBURY STEAK MASHED POTATOES GRAVY PEAS PEACH HALVES MILK</p>	<p>27 HOMEMADE CHICKEN &amp; RICE SOUP, CRACKERS CORN BREAD BROWNIES MILK</p>	<p>28 SPAGHETTI, WITH MEAT SAUCE SALAD &amp; SALAD DRESSING APPLESAUCE MILK</p>