



# SISTERS ACADEMY OF NEW JERSEY

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## OCTOBER 2018

### MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
1 SALSBUARY STEAK, MASHED POTATOES GRAVY CORN PEARS MILK	2 FETTUCCHINE ALFREDO WITH CHICKEN & PEAS GARLIC BREAD VANILLA PUDDING MILK	3 SLOPPY JOE SANDWICH ON ROLL CELERY & CARROT STICKS WITH RANCH DRESSING APPLESAUCE MILK	4 CHICKEN A LA KING OVER NOODLES GARLIC BREAD GREEN SALAD WITH SALAD DRESSING JELLO & MILK
8 <b>SCHOOL CLOSED</b>  <b>COLUMBUS DAY HOLIDAY</b>	9 BEEF TACOS, SHREDDED LETTUCE, TOMATOES, CHEESE, SALSA SAUCE, SOUR CREAM PEACHES & MILK	10 BBQ CHICKEN WINGS MOZZARELLA STICKS W/ MARINARA SAUCE CARROT & CELERY STICKS W/ RANCH DRESSING APPLE DUMP CAKE & MILK	11 HOMEMADE CHICKEN & RICE SOUP, CRACKERS CORN CORN BREAD BROWNIES MILK
15 BAKED CHICKEN PIECES BAKED POTATO W/CHEESE CORN SLICED PEARS MILK	16 SPAGHETTI W/TOMATO SAUCE GARLIC BREAD, GARDEN SALAD WITH SALAD DRESSING JELLO W/FRUIT & MILK	17 HOMEMADE CHICKEN POT PIE SALAD & SALAD DRESSING ROLL W/BUTTER BROWNIES MILK	18 BAKED ZITI, GARLIC BREAD, GREEN SALAD GARDEN SALAD DRESSING VANILLA CAKE W/ CHOC. ICING & MILK (SOM)
22 BAKED CHICKEN BROWN RICE CORN CHOCOLATE PUDDING MILK	23 CHEESEBURGER ON WHOLE WHEAT BUN LETTUCE & TOMATO FRENCH FRIES COOKIES & MILK	24 BAKED MACCARONI AND CHEESE, CARROT & CELERY STICKS W/ RANCH DRESSING ICE CREAM MILK	25 MEAT LOAF MASHED POTATOS GRAVY GREEN BEANS VANILLA PUDDING, MILK
29 STEAK SANDWICH PEPPERS AND ONIONS ON WHOLE WHEAT ROLL CORN FRUIT COCKTAIL & MILK	30 SHREDDED CHICKEN WRAP W/ CHEESE TOMATO SOUP PINEAPPLE TID BITS MILK	31 TURKEY DOG ON A ROLL BAKED BEANS VANILLA PUDDING MILK	