



SISTERS ACADEMY OF NEW JERSEY

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OCTOBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CEREAL YOGURT JUICE MILK	2 SCRAMBLED EGGS CHEESE, WHOLE WHEAT TOAST BUTTER JELLY, JUICE AND MILK	3 FRENCH TOAST SAUSAGE LINKS SYRUP JUICE MILK	4 HASHBROWNS SAUSAGE JUICE MILK	5 PANCAKES SYRUP FRUIT COCKTAIL JUICE MILK
8 SCHOOL CLOSED COLUMBUS DAY HOLIDAY	9 CEREAL WHOLE WHEAT TOAST BUTTER & JELLY JUICE MILK	10 PANCAKES SYRUP PEARS JUICE MILK	11 SCRAMBLED EGGS SAUSAGE PATTY BAGELS W/ CREAM CHEESE, BUTTER, JELLY JUICE & MILK	12 WAFFLES SYRUP FRUIT COCKTAIL JUICE MILK
15 HOT OATMEAL ORANGE SLICES WHOLE WHEAT TOAST JUICE MILK	16 PANCAKES SAUSAGE PATTY JUICE MILK	17 HOMES FRIES ONIONS & PEPPRS SAUSAGE JUICE MILK	18 HASH BROWNS SAUSAGE JUICE MILK	19 SCRAMBLED EGGS WHOLE WHEAT TOAST BUTTER, JELLY JUICE MILK
22 CEREAL BAGELS W/CREAM CHEESE JELLY JUICE & MILK	23 SCRAMBLED EGGS CHEESE, WHOLE WHEAT TOAST BUTTER JELLY, JUICE AND MILK	24 WAFFLES SYRUP SAUSAGE JUICE MILK	25 FRENCH TOAST SAUSAGE SYRUP JUICE MILK	26 PANCAKES YOGURT JUICE MILK
29 CEREAL YOGURT JUICE MILK	30 PANCAKES SAUSAGE PATTY JUICE MILK	31 HOT OATMEAL BAGELS, CREAM CHEESE, BUTTER & JELLY JUICE MILK		