




SISTERS ACADEMY OF NEW JERSEY

1416 Springwood Avenue Asbury Park, NJ 07712 Telephone 732-774-9056 ~ Fax 732-774-5552

SEPTEMBER 2017

MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p>4</p> <p>SCHOOL CLOSED</p> <p>LABOR DAY</p>	<p>5</p>	<p>6</p> 	<p>7</p>
<p>11 WHOLE WHEAT SPAGHETTI W/ MEAT SAUCE GREEN SALAD & DRESSING FRUIT COCKTAIL MILK</p>	<p>12 MEATLOAF MASHED POTATOES GRAVY CORN BROWNIES MILK</p>	<p>13 WING DINGS BROWN RICE LIMA BEANS JELLO MILK</p>	<p>14 RAVIOLI WITH MEAT SAUCE CARROTS & CELERY STICKS APPLE DUMP CAKE MILK (SOM)</p>
<p>18 BEEF CHILI WITH CORN, RED & BLACK BEANS OVER RICE CORN MUFFINS PEACHES MILK</p>	<p>19 WHOLE WHEAT CHICKEN WRAP, LETTUCE, TOMATOES, CHEESE, SALSA SOUR CREAM FRUIT COCKTAIL MILK</p>	<p>20 RIGATONI BOLONESE GREEN SALAD WITH SALAD DRESSING VANILLA CAKE/CHOCOLATE ICING MILK</p>	<p>21 MERCY DAY SALSBURY STEAK, MASHED POTATOES, GRAVY, CORN, BROWNIES MILK</p>
<p>25 BAKED CHICKEN PIECES BROWN RICE SPINACH FRUIT COCKTAIL MILK</p>	<p>26 STEAK SANDWICH PEPPERS AND ONIONS ON WHOLE WHEAT ROLL SUCCOTASH SLICED PEARS MILK</p>	<p>27 BAKED FISH MASHED POATATOES BROCCOLI CHOCOLATE PUDDING MILK</p>	<p>28 HAMBURGER ON WHOLE WHEAT BUN FRENCH FRIES CARROTS & CELERY STICKS W/RANCH DRESSING JELLO, MILK</p>